

南石堂町商店街振興組合
500円以上お買い上げで
1枚使用
できます 100円券
※1回のお支払で1枚迄
使用可※ご利用でき
ない店舗もありま
す※詳細、お問
い合わせは各店舗へ

Issued by
Minami Ishidocho-
Shopping Street
Promotion Cooperative
TEL 026-228-0294

<http://minami-ishidocho.com/>

Here for Minami
Ishidocho Shopping
Street's website

#ちよっくら行くしない南石堂

Follow us on
Facebook!

@minamiishidocho

Follow us on
Instagram!

南石堂町商店街すまっぽん
~ちよっくら行くしない南石堂~

Check out
the store's
information here!

Minami Ishidocho Shopping Street
Free Wi-Fi available area

SSID:m-ishido-WiFi

No password
※ Depending on the radio wave
propagation conditions, Wi-Fi
may not be available even in
areas where it is available.

Minami Ishidocho Shopping
Street Parking Lot
(Those operated directly)
Parking Lot No.1
= 95 spaces

Please come to Minami Ishidocho Shopping Street
which is the bustle of the front of Nagano station,
filled with a nostalgic human warm city.

Nagano Machinaka
Parking tickets
can be used!

Prepaid cards
which can be used
at Minami Ishidocho Shopping
Street Parking Lot No.1.
You can buy it at the office
on the second floor of Parking Lot No.1.
The price is discounted from
5,000 yen → 3,850 yen.
(As of April 2026)

From Minami Ishidocho-
Shopping Street,
you can go straight up north
to Zenkoji Temple.

Minami Ishidocho
Shopping Street
Free Wi-Fi
available area
(dark blue shaded area)

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(dark blue shaded area)

「Minami Ishidocho-
Shopping Street」
is a 2 minute walk from
Nagano Station Zenkoji-
Exit toward Suehirocho
intersection.

English version

南石堂

まちあるき

Free Wi-Fi
つながります

Food & Beverage

Member Store (Category) ☎

- 01 Rinda (Izakaya (Japanese-style Pub)) 026-224-4075
- 02 Italian Sakaba Wain (Italian Restaurant) 026-466-6411
- 03 Sennari Sushi (Sushi Restaurant) 026-227-4333
- 04 La Peña (Live House・Café & Bar) 090-3521-6375
- 05 Izakaya Uchi (Izakaya) 026-224-7112
- 06 Imuraya Ishido Ten (Diner) 026-226-2238
- 07 Monzen Sakaba Yamazato (Izakaya) 026-217-2901
- 08 Nakara (Izakaya) 026-219-6861
- 09 Pizzeria uanci e cheer (Pizzeria) 026-262-1762
- 10 Takou - Mini Gyoza from the Alley (Izakaya) 026-217-7761
- 11 Izakaya Roppo Hachibei (Izakaya) 026-217-6788
- 12 Sakurai (Izakaya) 026-227-1122
- 13 Hinoesaru (Izakaya) 026-217-1376
- 14 Teppan Senyo (Izakaya) 026-268-0191
- 15 Sakana to Sakana Yuu (Seafood Restaurant) 026-228-9165
- 16 Soba Ya (Soba Restaurant) 026-227-7878
- 17 Isakoma (Izakaya) 026-227-4353
- 18 Kawana (Izakaya) 026-224-2430
- 19 La Poste (French Restaurant) 026-226-0264

Service

Member Store (Category) ☎

- 20 Italian Restaurant Bosco (Italian Restaurant) 026-264-6270
- 21 Shusai Yamazaki Ekimae Ten (Izakaya) 026-227-2022
- 22 Shinshu Buckwheat Noobles Restaurant OTONA (Soba Restaurant) 026-217-2888
- 23 Joshunto (Chinese Restaurant) 026-223-3666
- 24 Abond (Izakaya) 026-217-5554
- 25 Settaka (Izakaya) 026-219-2910
- 26 Yakiniku Ishido (Yakiniku) 050-1792-5028
- 27 Mitsui Barbershop (Barber Shop) 026-226-1430
- 28 PIED DE POULE (Hair Salon) 026-229-9955
- 29 Hair shop Bauhaus (Hair Salon) 026-228-5228
- 30 Kurusu Hair salon (Hair Salon) 026-227-9817
- 31 Kurusu Barbershop (Barber Shop) 026-228-5856
- 32 PHAMILEE (Hair Salon) 026-225-0637
- 33 Atelier Cut House (Hair Salon) 026-228-5038
- 34 Joy Hair Salon (Hair Salon) 026-227-9232
- 35 Hair make LUCY (Hair Salon) 026-226-0417
- 36 MARIKO Art Esthetic (Esthetic Salon) 0120-972-528
- 37 Lampe Libre ESTHETIC SALON (Esthetic Salon) 026-217-7223
- 38 Hotel Jikyokan (Accommodation) 026-226-7055
- 39 Mash cafe&Bed NAGANO (Café・Accommodation) 026-217-0606
- 40 SOWi (Hair Salon) 026-225-9488

Medical Services

Member Store (Category) ☎

- 41 Murakawa dental clinic (Dental Clinic) 026-227-7088
- 42 Taniguchi dental clinic (Dental Clinic) 026-226-0262
- 43 Kubota dental clinic (Dental Clinic) 026-223-8841

Entertainment

Member Store (Category) ☎

- 44 Mahjong parlor White (Mahjong Parlor) 026-224-0030
- 45 Sengoku Gekijo (Movie Theater) 026-226-7665

Shop

Member Store (Category) ☎

- 46 Me-ya Bagel (Bakery) 070-8499-0497
- 47 Koujiya Pharmacy (Pharmacy) 026-226-3520
- 48 Komura (Fabric & Textiles) 026-226-0744
- 49 Iwata-ya Shoe Store (Footwear) 026-226-4552
- 50 Nishizawa Rice Cake Shop (Oyaki & Dango Shop) 026-226-5295
- 51 MOTONOBU (Kimono, Clothing & Bags) 026-228-2155
- 52 Okumura Industry (Electrical Equipment & Wholesale) 026-226-7184
- 53 Chikufudo Nagano Ekimae (Chestnut Sweets Shop) 026-213-8155
- 54 Hard Off Nagano Ekimae (Reuse Shop) 026-226-5945
- 55 Petit Etoile Kurosawa (Bags & Fashion Accessories) 026-226-2794
- 56 Yamaguchi Hardware (Hardware) 026-226-3537
- 57 Nagano Daito (Confectionery) 026-226-5678
- 58 Asahido (Japanese Confectionery) 026-226-5086
- 59 Gem Koshizaka (Jewelry, Watches & Eyewear) 026-228-4570
- 60 Flower Maniac (Flower Arrangements & Bouquets) 026-224-3322

Others

Member Store (Category) ☎

- 61 Apaman shop Nagano (Real Estate) 026-267-5600
- 62 Seiyu Minami Ishido (Supermarket) 026-269-0565
- 63 Agata Global Tax Corporation (Tax & Accounting Services) 026-217-2020
- 64 Nagano JASSI (Real Estate) 026-262-1470
- 65 Ringo no Ki Co., Ltd. (Office) 026-223-3177

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